



TETHRA SPA *P* RICE LIST

ESPA SIGNATURE TREATMENTS

<i>Hot Stone Therapy</i>	55 / 75 mins	€115 / €125
<i>Holistic Back Face and Scalp Treatment with Hot Stones</i>	1 hr 55 mins	€170
<i>Holistic Total Body Care with Hot Stones</i>	1 hr 55 mins	€170
<i>Holistic Back, Face and Scalp</i>	85 mins	€125
<i>Holistic Total Body Care</i>	85 mins	€125
<i>Balinese Massage</i>	55 / 85 mins	€100 / €125
<i>Pre-natal Treatment</i>	85 mins	€125
<i>Fitness Massage</i>	55 mins	€100

ESPA ENVELOPMENTS

<i>Detoxifying Algae Wrap</i>	75 mins	€120
<i>Restorative Mud Envelopment</i>	75 mins	€120
<i>Oshadi Envelopment</i>	75 mins	€120
<i>Skin Hydrator Body Wrap</i>	75 mins	€120

ESPA LUXURY BODY TREATMENTS

<i>Lift and Firm Hip and Thigh Treatment</i>	55 mins	€100
<i>Body Polish</i>	25 mins	€50
<i>Salt and Oil Scrub</i>	25 mins	€50
<i>Swedish Massage</i>	55 / 85 mins	€100 / €140
<i>Aromatherapy Massage</i>	75 mins	€120
<i>Detoxifier / De-Stresser / Energiser / Intensive Muscle Warmer</i>		
<i>Back Reviver</i>	25 mins	€55
<i>Lifesaving Back Treatment</i>	55 mins	€75

ESPA FACIAL TREATMENTS

<i>Skin Purifying Facial</i>	55 mins	€90
<i>Age Defyer Facial</i>	55 mins	€95
<i>Regenerating Facial with Firming Eye Treatment</i>	75 mins	€120
<i>Enzyme Facial</i>	55 mins	€90
<i>Advanced Enzyme Facial</i>	85 mins	€120
<i>De-Sensitiser Facial</i>	55 mins	€90
<i>Personalised Express Facial</i>	25 mins	€45
<i>Indian Head Massage</i>	25 mins	€55
<i>Skin Radiance Facial</i>	55 mins	€90
<i>Re-hydrator Facial</i>	55 mins	€90
<i>Advanced Concept Lifting and Firming Facial</i>	1 hr 25 mins	€140
<i>Mens's Age Rebel Facial</i>	55 mins	€90
<i>Lift and Firm Eye Treatment</i>	25 mins	€45



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DARPHIN FACIAL TREATMENTS

<i>Ideal Renewing Facial</i>	30/60/90 mins	€45/90/125
<i>Divine 8 Flower Nectar Lifting Facial</i>	30/60/90 mins	€45/90/125
<i>Deep Soothing Facial</i>	30/60/90 mins	€45/90/125
<i>Intense Hydrating Facial</i>	30/60/90 mins	€45/90/125
<i>Instant Illuminating Facial</i>	30/60/90 mins	€45/90/125
<i>Pure Balance Facial</i>	30/60/90 mins	€45/90/125

FULL DAY EXPERIENCES

<i>Total Indulgence</i>	5 hrs	€375
<i>Softest Skin</i>	4 hrs	€320
<i>Body Bliss</i>	2 hrs 30 mins	€220
<i>Urban Warrior</i>	2 hrs	€170

TIME OUT

<i>Flight Reviver</i>	1 hr 30 mins	€130
<i>Stress Buster</i>	1 hr	€100
<i>Golfers Tonic</i>	1 hr 30 mins	€130

HAND AND FOOT TREATMENTS

<i>Mini Manicure</i>	25 mins	€35
<i>Mini Pedicure</i>	30 mins	€45
<i>Manicure</i>	60 mins	€60
<i>Pedicure</i>	60 mins	€65
<i>Luxury Spa Manicure</i>	75 mins	€85
<i>Luxury Spa Pedicure</i>	75 mins	€85
<i>File and Paint</i>	15 mins	€15

WAXING TREATMENT

<i>Luxury Full Leg Wax</i>	60 mins	€70
<i>Luxury Half Leg Wax</i>	25 mins	€50
<i>Full Leg Wax</i>	40 mins	€65
<i>Half Leg Wax</i>	20 mins	€35
<i>Bikini Wax</i>	15 mins	€25
<i>Underarm Wax</i>	15 mins	€20
<i>Lip and Chin Wax</i>	15 mins	€20
<i>Lip Wax</i>	10 mins	€15
<i>Upper Leg and Bikini Wax</i>	25 mins	€60

EYECARE

<i>Eyelash Tint</i>	15 mins	€20
<i>Eyebrow Tint</i>	10 mins	€15
<i>Eyebrow Wax/Shape</i>	10 mins	€20
<i>Eyelash and Eyebrow Combo</i>	25 mins	€50

*Guests must be over 18 to avail of spa treatments.
Please advise at time of booking if you are pregnant.
Please be advised a patch test is required for waxing and tinting.
Our cancellation policy is 24 hours prior to the booked treatment.*